Sustainability Policy

Policy Statement

Pelvic Health Academy Ltd. is committed to operating responsibly and reducing the environmental impact of its activities wherever reasonably practicable.

As a small business, we recognise the importance of sustainable working practices and aim to continually improve our environmental performance while delivering high-quality services to our clients and stakeholders.

This policy applies to all company activities, including work undertaken by subcontractors on behalf of the business.

Our Commitments

Environmental Responsibility

We will:

Monitor and reduce the environmental impact of our operations

Minimise waste and encourage reuse and recycling

Reduce unnecessary energy consumption

Consider environmental factors when making business decisions

Comply with applicable environmental legislation and regulations

Carbon Reduction

We are committed to reducing greenhouse gas emissions associated with our operations through:

Remote and hybrid working practices

Reducing unnecessary travel

Using virtual meetings where practical

Encouraging efficient route planning for site visits

Reviewing lower-emission transport options where feasible

We will support the objectives outlined within our Carbon Reduction Plan.

Energy and Resource Efficiency

We aim to:

Use energy-efficient IT and office equipment

Minimise paper usage through digital working practices

Switch off equipment when not in use

Use electronic storage and communication wherever possible

Sustainable Procurement

Where practical and proportionate to the size of the business, we will:

Use local suppliers and subcontractors where appropriate

Consider environmental impact when selecting suppliers

Encourage responsible and sustainable working practices throughout our supply chain

Waste Management

We will:

Reduce waste generation where possible

Recycle materials appropriately

Dispose of waste responsibly and in accordance with legal requirements

Reduce single-use materials wherever practical

Pelvic Health Academy

Staff and Subcontractor Awareness

The Director will promote awareness of this policy and encourage subcontractors and partners working on behalf of the company to support sustainable working practices.

Continuous Improvement

We are committed to reviewing our sustainability objectives regularly and identifying practical opportunities to improve environmental performance in line with the scale and nature of our operations.

Responsibility

Overall responsibility for this policy rests with the Company Director.

Review

This policy will be reviewed annually and updated where necessary.

Approved By: Julia Herbert

Name: Julia Herbert

Position: Director

Date: 13/04/2026

Review by 13/04/2027